



Shri Anandi Ma's

2012 schedule

Letter from Anandi Ma and Dileepji



Dear Sisters & Brothers,

We hope and pray that, under the current conditions, God's grace and Guru's inspiration, along with external factors in life, provide the ease and assistance to join in as many events

as possible in 2012.

We always hope the worst is behind us. We have the faith that you are always trying the very best for your spiritual growth and sometimes external conditions become hurdles yet the best solution is still to remain in the spiritual realm and/or Ma's presence. Harsh external conditions are most often the best for internal growth, if one is able to disassociate the mind from the distractions.

Times are such that the physical presence of the Guru is required to erase the karmas of the past. So besides enhancing the subtle bond with daily practice, extend that eye-to-eye contact.

We miss you and hope we can lay our eyes upon you and request the Lord to rule your heart and pull Guruji to ignite your intellect to purity and discretion.

Love and Blessings,

Ma and Bapuji

This booklet contains descriptions of retreats and workshops scheduled for 2012. Other 1-day events may not be described here but are listed on pg. 19. These events, such as Shivaratri, Kali Chant Night, Dashera, etc., are typically celebrated in Antioch, by local groups around the country and individually.

All events are subject to change. Please check our website, www.dyc.org, periodically to stay current.

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In the presence of Shri Anandi Ma, Special Guest Dr. Vasant Lad, BAMS, MASc, world-renowned Ayurvedic Physician from India with more than 40 years of clinical experience, presents:



AYURVEDIC PRINCIPLES for BODY, MIND & SPIRIT

BODY: How to make the physical body fit for spiritual practice through Ayurveda.

MIND: How to attain mental health, improve concentration, achieve mental peace and inner harmony through Ayurveda.

SPIRIT: How to attain self-realization through Ayurvedic principles for living.

March 16—18

Fri., 6pm—Sun., Noon

In this seminar, Dr. Vasant Lad will teach Ayurvedic principles that balance body, mind and spirit, opening the doorway to healing and spiritual growth. Dr. Lad will show us how to purify the body, ease mental stress and create an environment that brings improvement in daily living and spiritual practices. Anandi Ma and Dileepji will lead group meditations.



\$301 (includes all meals)

\$251 for those who have received Shaktipat in this lineage.

Add \$100 if registering after March 2.

Location: Antioch
Prerequisites: None
Registration Deadline: **Mar 2**

Registrar: Jayshree
Jayshree@dyc.org (925) 779-9660
www.dycantioch.org



108 HANUMAN CHALISAS

Chanting 108 Hanuman Chalisas with a group is a profoundly powerful spiritual practice. This much-beloved chant lifts the spirit, deepens devotion, erases karma, and brings the chanter ever closer to Rama and the doors of liberation.

April 7 9am—6pm By Donation

Location: Antioch
Prerequisite: None
Reg. Deadline: **Mar 24**

Registrar: Sumati Campus
Sumati@dyc.org (415) 383-3215



SUCCESS THROUGH THE BREATH

April 14 10am—1pm

\$61 (\$86 if registering after Mar. 31)

Registrar: John Magruder
jmt2@att.net (303) 247-9655

Location: Boulder, CO
Prerequisite: None
Registration Deadline: **March 31**

AYURVEDA WEEK **May 5—12** \$2365

Ayurveda Week offers a range of ayurvedic treatments, consultation, color therapy, marma point therapy performed by Anandi Ma, yoga instruction, satsang with Anandi Ma and Dileepji in a home setting, meditation and rest. Treatments are critical to maintaining ideal prana and thus, optimum health. Participants spend a significant amount of time with Anandi Ma and Dileepji during the course of their individualized healing regimen. The Ayurveda Week package includes all meals, lodging, therapeutic treatments, aromatic and massage oils, and a personal ayurvedic consultation. Airfare, transportation, and herbs are not included in the price. *Space is limited to 8 so please register as early as possible.*

Location: Antioch
Prerequisite: Shaktipat in this lineage
Registration Deadline: **April 6**

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660



VAJRA PANJAR I, II, III REVIEW

May 17—20

\$301 (for review of VP 1, 2 & 3)
(\$401 if registering after May 3)

\$201 (for review of VP 1 & 2)
(\$251 if registering after May 3)

\$101 (for review of VP 3 only)
(\$126 if registering after May 3)



VP3 Review begins with registration at 5:00pm on Thurs. evening, May 17th.

VP2 Review begins with registration at 5:00pm on Fri. evening, May 18th.

VP1 Review begins with registration at 5:00pm on Sat. evening, May 19th.

In the Vajra Panjar retreats, Anandi Ma and Dileepji impart teachings and practices that Dhyanyogiji referred to as the “cream” of his spiritual practices – the practices that he considered the most fruitful, the most beneficial, and the most efficient in bringing the disciple to the state of enlightenment. This review is a wonderful opportunity to deepen one’s understanding of the teachings and to review and refine practices from the Vajra Panjar Training Retreats.

Location: Antioch
Prerequisite.: Completion of the VP teachings being reviewed.
Registration Deadline: **May 3**

Registrar:
Sumati Campus
Sumati@dyc.org
(415) 383-3215





SPONSORED ANUSTHAN OF RAM MANTRA

June 2—10

Suggested Donation: \$108—\$1008

In this anusthan, Anandi Ma and Dileepji focus intensive practices on the spiritual evolution of those whose photos are displayed by their altar. Many disciples may not be able to do such a large number of malas on a daily basis for themselves. To have this anusthan done by the Guru herself is a tremendous opportunity.

The range for suggested donations is wide so that all can participate based on their ability. Please offer your support for the Guru's work depending on your heart's inspiration and your individual means.

Supporting Ma and Bapuji in continuing the good works of Gururji is really important. Our American model of giving is to get something tangible in return. But our relationship to the Guru impels us to the ancient model of support without hesitation, even if what we receive in the end is something that can't be easily spoken about or shown to friends.

As Ma and Bapuji prepare for their personal anusthans, we each have an opportunity to benefit directly and in a most unique way from their practices and at the very same time, to support the Guru's work. What could be better than that?

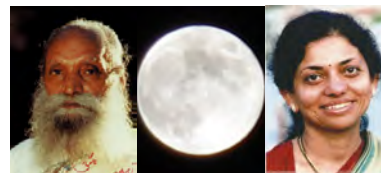
A disciple in Texas

Participation is easy:

1. Make your donation by phone or by mail and email a photograph of yourself or a family member to the registrar by **May 20**. **NO photo emailed after this date will be accepted!**
2. PLEASE DO NOT SEND GROUP PHOTOS for this anusthan.
3. All sponsors will have the opportunity to participate in the sankalpa (statement of intention) for this anusthan via a conference call with Anandi Ma and Dileepji. Participation in the sankalpa is a very special gift. All will receive a special blessing.

**Prerequisite: Shaktipat
in this lineage**
Registration Deadline: May 20

Registrar: Jayshree Handel
Jayshree@dyc.org
(925) 779-9660



GURU PURNIMA RETREATS - East & West

June 22—24 Antioch, CA \$235 / \$285 if registered after June 8

June 29—July 1 Woodbury, CT \$235 / \$285 if registered after June 15

Guru Purnima is one of the two days of the year when the energy flowing from Guru to disciple is most powerful. (The other is the Guru's birthday.) To be in the physical presence of the Guru on this day is extremely beneficial. On this auspicious day, there are tremendous opportunities for increased growth and blessings in our lives.

Prerequisite: Shaktipat in this lineage

Registrar for **Antioch**:
Sumati Campus
Sumati@dyc.org
(415) 383-3215

Registrar for **Woodbury**: Jackie Kane
JKANE20@CHARTER.NET
(860)-307-0232

MAHASAMADHI RETREAT August 9 —12

Suggested Donation: \$151

The days of the Mahasamadhi Retreat are filled with the love and grace of the Guru. On this 18th anniversary of Dhyanyogiji's complete and final union with the Divine, we celebrate his life and contemplate the unfathomable impact he has had and will continue to have on each of us. The theme and practices vary each year, depending on Anandi Ma's intuition.



Location: Antioch
**Prerequisite: Shaktipat in this
lineage**
Registration Deadline: July 26

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660

SPONSORED ANUSTHAN MANTRAS for SUCCESS & GOOD HEALTH for YOU & YOUR FAMILY

September 1—4

Suggested donation: \$108

In this anusthan, Anandi Ma and Dileepji focus their intensive practices on the success and health of those whose photos are displayed by their altar. The opportunity to join them in their puja room and to sit in the energy of their practices via our photos is priceless. Please offer your support for the Guru's work depending on your heart's inspiration and your individual means.

I experience this path as if i am a source of fresh water returning to the sea. The group anusthans and events are like being in the strongest current and bring exhilaration and progress. I think we all travel at the speed we are willing to go driven by the effort and commitment we make.
A disciple in MA

Participation is easy:

1. Make your donation by phone or by mail
2. Email a photograph of yourself or a family member to the registrar by **August 21**. NO photo emailed after this date will be accepted! A family photo *will* be accepted for this anusthan.

Prerequisite: Shaktipat in this lineage
Registration Deadline: August 21

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660



MARMA POINTS & COLOR THERAPY

\$108 / \$133 if registered after Sept. 1. September 15

Marma Points serve as the bridge between the physical body and the subtle energy pathways known as nadis. In these 75-minutes sessions, Anandi Ma and Dileepji work on individual marma points as they lead participants through a visualization meditation of each chakra. Each session includes color therapy that creates unique subtle vibrations that can help heal. The combination of marma point therapy and color therapy releases blocked energy and promotes flexibility.

Appointments are limited and reserved on a first come, first serve basis.

Location: Woodbury, CT
Prerequisite: None
Registration Deadline: September 1

Registrar : Jackie
JKANE20@CHARTER.NET
860-307-0232



VAJRA PANJAR APPLIED RETREAT

September 22—25

**\$251/ \$301 if registering
after Sept. 7**



Vajra Panjar, which means "Shield of the Thunderbolt," is a group of techniques and mantras given to humankind by the great rishi Vishwamitra, who received them from Lord Shiva during meditation. In the VP retreats, Anandi Ma and Dileepji impart techniques that Dhyanyogiji referred to as the "cream" of his spiritual practices, that which he considered the most fruitful, the most beneficial, the most efficient in bringing the disciple to enlightenment.

Location: Woodbury, CT
Prerequisite: VP Advanced
Registration Deadline: Sept. 7

Registrar : Jackie
JKANE20@CHARTER.NET
860-307-0232



TRAILOKYA ANUSTHAN

September 26—27

\$121 / \$146 if registering after Sept. 7

The Trailokya Mohan Kavacam, the shield consisting of Lord Rama's names, is the most advanced teaching Anandi Ma and Dileepji have given in a group retreat thus far. In this two-day concentrated practice, participants will have the opportunity to complete 108 Trailokyas.

Location: Woodbury, CT
Prerequisite: Completion of 5 VP Applieds
& Trailokya Mohan Kavacam Teaching
Registration Deadline: Sept. 7

Registrar : Jackie
JKANE20@CHARTER.NET
860-307-0232

VAJRA PANJAR III RETREAT

October 4—7

**\$301 /
\$401 if registering after
Sept. 20**



Location: Litchfield, CT
Prerequisite: Completion of VP II
Registration Deadline: Sept. 20

Registrar : Jackie
JKANE20@CHARTER.NET
860-307-0232



Anandi Ma's actual
birthday is Oct. 11

ANANDI MA'S BIRTHDAY CELEBRATION

October 13

The Guru's birthday is one of the two days of the year when the energy flowing from Guru to disciple is most powerful. (The other is Guru Purnima.) To be in the physical presence of the Guru on this day is extremely beneficial. On this auspicious day, there are tremendous opportunities for increased growth and blessings in our lives.

Location: Antioch
Prerequisite: Shaktipat in this lineage
Registration Deadline: Oct. 5

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660



ROUNDING OUT YOUR JAPA PRACTICE

October 27 9am—2pm
\$121 / \$146 if registering after Oct. 13



When Guruji met Anandi Ma, she was doing some spiritual practices without the basic purification steps. Guruji told her that had she done the purification, she would have been at a totally different level. So it is with japa or mantra repetition. Every disciple receives the Ram Mantra at the time of Shaktipat and many do japa on a daily basis. It is extremely beneficial to learn the steps of purification, including the nyas (touching parts of the body with the bija mantras) so that the absolute benefit of the japa is obtained. Ideal for those who have not attended a Vajra Panjar Retreat as well as for those who want a refresher.

Location: Antioch
Prerequisite: Shaktipat in this lineage.
Registration Deadline: Oct. 13

Registrar: Sumati Campus Sumati@dyc.org (415) 383-3215



MARMA POINTS & COLOR THERAPY

\$108 / \$133 if registered after Oct. 20 November 3

Marma Points serve as the bridge between the physical body and the subtle energy pathways known as nadis. In these 75-minutes sessions, Anandi Ma and Dileepji work on individual marma points as they lead participants through a visualization meditation of each chakra. Each session includes color therapy that creates unique subtle vibrations that can help heal. The combination of marma point therapy and color therapy releases blocked energy and promotes flexibility.

Appointments are limited and reserved on a first come, first serve basis.

Location: Antioch
Prerequisite: None
Registration Deadline: October 20

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660

SPIRITUALITY & PSYCHOLOGY SERIES

Psychological Barriers to Spiritual Evolution

The 3rd in a continuing series.

(Attendance at the first 2 workshops is not required.)

November 17 9am—1:30pm \$81 / \$106 if registering after **Nov. 10.**

Dileepji and Ishwari Balis, Ed. D. delve into intriguing new aspects of the parallel paths of spiritual and psychological evolution.

Location: Antioch
Prerequisite: None
Registration Deadline: **November 10**

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660



LAKSHMI PUJA

November 11

By Donation

Ma Lakshmi is the personification of the Divine energy of abundance—both spiritually and materially. In these difficult economic times, the obstacles to prosperity seem to be in abundance! Join us for this powerful spiritual practice to remove the obstacles and to move the energy of abundance upwards.

Location: Antioch
Prerequisite: None
Times to be Announced
Registration Deadline: **Oct. 28**

Registrar: Sumati Campus Sumati@dyc.org (415) 383-3215

DO A PERSONAL ANUSTHAN

AT ANANDI MA'S ASHRAM IN NIKORA, INDIA

DEC. 2012—JAN. 2013

Anandi Ma and Dileepji will be in residence at the ashram in Nikora for a portion of Dec. and Jan. This is a wonderful time to do a personal anusthan (intensive spiritual practice). The immense energy of the ashram is palpable. Spend your days doing spiritual practices, joining in daily meditation and aarti in the stunning temple overlooking the holy Narmada River, and nourishing the deepest recesses of your soul.

Peak travel dates to/from India are Dec. 9-Jan. 15 so it would be less expensive to fly before or after these dates. The nearest airport to Nikora is Vadodara (aka Baroda). The nearest train station is in Bharuch. Taxis from the train station or airport can be arranged through the registrar, Jayshree.

Prerequisite: *Shaktipat in this lineage.*
\$35 a day for room/board + airfare+taxi+personal expenses.
Registration Deadline: **6 weeks** prior to arrival in Nikora.

Registrar: Jayshree
Jayshree@dyc.org
(925) 779-9660



WHAT'S HAPPENING AT THE CENTER IN ANTIOCH, CA

By the Grace of God and Guru, Dhyanyoga Centers—Antioch opened its doors in 2008. The Center is the one standing facility of Dhyanyoga Centers in the United States.



When Anandi Ma and Dileepji are in town, the Center is a hub of activity. Spiritual seekers arrive at the door in search of a path and a teacher. Disciples come from all over the world for darshan, to attend retreats and workshops, and to do seva (selfless service) to support the Guru's spiritual work. Local disciples perform countless hours of seva to help maintain the property and the programs and to make sure all visitors are supported in their sadhana and well cared for while at the Center.

In 2012, we hope to see more of you! This Center must be a hub of activity even when the Guru is not physically present in order for it to sustain itself. And after all, Gururji's murti is here always! This year, in addition to classes and workshops scheduled throughout the year, the Center will offer Personal Retreat Days, Satsang for Disciples, Sanskrit Studies, monthly Kirtan and other activities that support our spiritual unfolding, psychological growth, and health and well-being. We can all support the center by attending these programs and activities that support our own spiritual evolution. It couldn't be a more perfect give and take!



3306 Contra Loma Blvd., Antioch, CA 94509 (925) 779-9660

Visit the Center's website at www.dycantioch.org

WHAT'S HAPPENING AT THE CENTER IN ANTIOCH IN 2012

Personal Retreat Days

Friday and Saturday: January 27-28 and future dates to be announced

Cost: \$61 for 1 day, \$101 for 2 days.

On Personal Retreat Days, the Center's spiritually nurturing environment will be open to anyone interested in devoting a day or two to their own spiritual growth and well-being. The 9am to 6pm schedule will include two Hatha Yoga sessions, Pranayama, two silent meditations, personal spiritual practice/contemplation/journaling, kirtan, a discussion session and optional massage and/or spirituality/psychology counseling session (for an additional fee). Silence will be encouraged. Lunch and Dinner will be provided.

Monday Night Meditation

Weekly 30-minute silent meditation open to anyone.

Kirtan

Join the Center's kirtan musicians on the first Friday night of each month, from 7-9PM, for an uplifting, magical, musical meditation! All are welcome. Bring your friends and family!

Sanskrit Studies Series

Starting in February, David Mellins, Ph.D., Senior Research Fellow at the Mangalam Research Center for Buddhist Languages in Berkeley, CA will teach four monthly Sanskrit Workshops: **Saturdays, Feb. 4, Mar 3, Apr 14 and May 5**

Cost: \$75 per workshop/\$275 for the series.

Satsang for Disciples

Dates to be Announced

Choosing a spiritual path has a way of shaking up how we live our lives. This gathering of devotees will explore and support the process that is unfolding in our post-Shaktipat lives.



DHYANYOGA CENTERS STORES

On-line at www.dyc.org and on-site at the Antioch Center



Check out the expanded on-line and on-site stores! Featured items include new DVD courses, CD's, books, Ayurvedic products, clothes & shawls, murtis and malas, handcrafts, and yoga and meditation accessories. New items will be added throughout the year.

All proceeds go toward supporting Anandi Ma's charitable and spiritual work.

To place your order, go on-line to www.dyc.org, call (925) 779-9660, or visit the Antioch Center.



SPREAD THE LIGHT!

Public Programs / Shaktipat

APR 13 & 14	Public Programs	Boulder CO	Boulder@dyc.org
APR 15	Shaktipat	Boulder, CO	Boulder@dyc.org
APR 19, 20 & 21	Public Programs	Albuquerque, NM	newmexico@dyc.org
APR 22	Shaktipat	Albuquerque, NM	newmexico@dyc.org
JUN 14, 15 & 16	Public Programs	Antioch, CA	antioch-program@dyc.org
JUN 17	Shaktipat	Antioch, CA	Sumati@dyc.,org
SEPT 13 & 14	Public Programs	Woodbury, CT	woodbury@dyc.org
SEPT 16	Shaktipat	Woodbury, CT	woodbury@dyc.org
NOV 1 & 2	Public Programs	Antioch, CA	antioch-program@dyc.org
NOV 4	Shaktipat	Antioch, CA	Sumati@dyc.org

Webcasts

Even a moment in the physical presence of the Guru is of inestimable value. If you can be physically present at an event with Anandi Ma, that would clearly be best. But if this is just not possible, participating in a webcast is next best! Below is a list of events that will include a webcast to local DYC meditation groups in 2012. Other events will likely be added. Watch for Shakti On-Line announcements and e-bulletins.

Individual webcasts may also be arranged for those who are homebound or live too far from a meditation group. If you wish to receive a webcast via your home computer, please contact Gopal Chauhan at gsc999@gmail.com

The cost for individual webcasts for the events listed below is \$11 for each event. For more information, contact Gopal.

Event	Date(s)
Guru Purnima Day	June 24
Mahasamadhi Retreat	August 9-12 (webcast date to be announced)
Lakshmi Puja	November 11

Anandi Ma's 2012 Schedule

JAN & FEB	Anandi Ma & Dileepji are in India	
FEB 19	Shivaratri	Check with your local groups
MAR 7	Holi/Dhyanyogiji's Realization Day	Check with your local groups
MAR 16-18	Ayurvedic Principles of Body, Mind, & Spirit	Antioch, CA
MAR 22-31	Navratri	
APR 7	108 Hanuman Chalisas	Antioch, CA
APR 14	Success Through the Breath Workshop	Boulder, CO
MAY 5-12	Ayurveda Week	Antioch, CA
MAY 17-20	Vajra Panjar I-III Review	Antioch, CA
MAY 26	Picnic with Anandi Ma and Dileepji	Bay Area, CA
JUN 2-10	Sponsored Anusthan of Ram Mantras	Done by Anandi Ma and Dileepji
JUN 22-24	Guru Purnima Retreat	Antioch, CA
JUN 29-JUL 1	Guru Purnima Retreat	Woodbury, CT
JUL 3-31	Anandi Ma & Dileepji are in Europe	
AUG 9-12	Mahasamadhi Retreat	Antioch, CA
SEPT 1-4	Anusthan for You & Your Family	Done by Anandi Ma and Dileepji
SEPT 15	Marma Points & Color Therapy	Woodbury, CT
SEPT 22-25	Vajra Panjar Applied Retreat	Woodbury, CT
SEPT 26-27	Trailokya Anusthan	Woodbury, CT
OCT 4-7	Vajra Panjar III Retreat	Litchfield, CT
OCT 13	Anandi Ma's Birthday Celebration	Antioch, CA
OCT 15-22	Navratri	
OCT 23	Dashera	Best day to start new endeavor
OCT 27	Rounding Out Your Japa Practice	Antioch, CA
NOV 3	Marma Points & Color Therapy	Antioch, CA
NOV 11	Lakshmi Puja	Antioch, CA
NOV 12	Kali Chant	Check local groups
NOV 17	Spirituality & Psychology Workshop-3	Antioch, CA
DEC	Anandi Ma & Dileepji are in India	
DEC/JAN	Personal Anusthan in Nikora	Nikora, India

LOCAL MEDITATION CENTERS AND CONTACTS

CALIFORNIA

Antioch
Dhyanyoga Centers-Antioch
925-779-9660 / info@dyc.org

Los Altos
Anuradha: 650-965-8568
Achala: Lolita_f@msn.com

Santa Cruz
Sarita: dycsantacruz@gmail.com

COLORADO

Boulder
Eva: boulder@dyc.org
John: jmt2@att.net

CONNECTICUT

Woodbury
Sarita: woodbury@dyc.org

FLORIDA

Orlando
Gauri: gauriaggarwal1@gmail.com

ILLINOIS

Chicago
Rudy: rudy.v@comcast.net

MAINE

Portland
Jennifer: ccooper1@maine.rr.com

MASSACHUSETTS

Boston
Jo: boston@dyc.org

NEW YORK

New York, NY
Hugh/Kathie: DYCNYC@aol.com

NEW MEXICO

Albuquerque
Sharon: newmexico@dyc.org

OREGON

Portland
Lily: contact@lilymichaud.com
http://dycpdx.blogspot.com

TEXAS

Ft. Worth
Laurie: lmcgown108@gmail.com

VIRGINIA

Washington, DC/Tyson's Corner Area
Rohini: rohini.pillai@yahoo.com

DHYANYOGA CENTERS WEBSITES

For information on Dhyanyoga Centers, Dhyanyogiji, Anandi Ma and Dileepji, Kundalini Maha Yoga and the on-line store, go to **WWW.DYC.ORG**

For information on the Antioch Center, go to **WWW.DYCANTIOCH.ORG**

To access the Dhyanyoga Centers Newsletter, *SHAKTI ON-LINE*, go to **WWW.SHAKTIONLINE.ORG**

REGISTRATION & EVENT GUIDELINES

Important! Please make note of the Registrar for each event and the Registration Deadline. Payment for events can be made by phone or by mail.

Late Registration Fees apply when your registration deposit (at least 50% of the total cost) is not received by the registration deadline. Late registrations result in higher costs and higher stress for those doing seva. *As a result, payment of late registration fees is required and non-negotiable.* The late fee amount varies depending on the cost of the event, as follows:

- Event cost of \$121 or less: \$25 late registration fee.
- Event cost greater than \$121 but less than \$252: \$50 late registration fee.
- Event cost of \$252 or greater: \$100 late registration fee.

Late Cancellation Fee is 20% of the total cost of an event and applies when the registrar is notified of a cancellation less than one week prior to an event.

Discounts:

Seniors (ages 60 and older): 10% off any retreat

Children ages 4-16 \$100 off of any retreat

Children 16 and under who are receiving the teachings at a VP retreat: 50% off total cost of retreat

BY DONATION EVENTS: Anandi Ma and Dileepji feel strongly about offering a number of events each year “by donation”. Events that are “by donation” are still funded through donations so a suggested donation is given; however, more, less or nothing, depending on one’s capacity, is acceptable.

LODGING: Fees for lodging vary depending on the location of the event. Please contact the registrar for specific information.

MEALS: Wholesome, sattvic (pure) vegetarian meals are served at retreats (as well as many other events). If you have a medical condition that requires a modified diet, please contact the registrar at least two weeks prior to the event.

VIDEO, AUDIO & PHOTOGRAPHY POLICY: Only authorized persons can record audio or video at Dhyanyoga Centers programs. Still photographs can only be taken for personal use. No public dissemination is allowed.

2012 RETREAT/WORKSHOP REGISTRATION FORM—EAST COAST

Make copies of this form as needed.

PLEASE CHECK REGISTRATION DEADLINE DATES

Complete and mail this form to the Registrar for all East Coast Events: Jackie Kane, 37 Dorothy Road, New Hartford, CT 06057
jkane20@charter.net / 860-307-0232

Title of Event	Date(s)	Cost	Name of Attendee
1. Guru Purnima-Woodbury, CT	6/29-7/1	\$235	
2. Marma Points & Color Therapy—Woodbury, CT	9/15	\$108	
3. Vajra Panjar Applied Woodbury, CT	9/22-9/25	\$251	
4. Trailokya Anusthan Woodbury, CT	9/26-9/27	\$121	
5. Vajra Panjar III Litchfield, CT	10/4-10/7	\$301	
Add applicable late registration fee		\$	
Subtract applicable senior or children’s discount			
Total Amount Enclosed			

Name: _____

Address: _____

City _____ ST _____ ZIP _____

Phone: _____ Email: _____

2012 RETREAT/WORKSHOP REGISTRATION FORM—WEST COAST

Make copies of this form as needed. PLEASE CHECK REG.DEADLINE DATES.
Complete and mail this form to the appropriate Registrar or contact directly.

Jayshree Handel PO Box 4161, Antioch, CA 94531	jayshree@dyc.org 925-779-9660
Sumati Campus 38 Miller Ave. #21, Mill Valley, CA 94541	sumati@dyc.org, 415-383-3215 (before 7pm Pacific Time)
Eva Gurne 2338 La Mesa Dr., Boulder, CO 80303	gurnemannina@comcast.net 303-499-2309

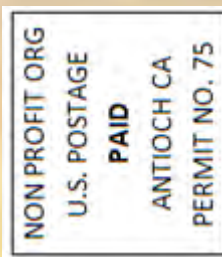
Title of Event	Date(s)	Cost	Name of Attendee
1. Ayurveda Principles for Body, Mind & Spirit—Antioch	3/16-3/18	\$301 \$251 for disciples	
2. Success Through the Breath Workshop—CO	4/14	\$61	
3. Ayurveda Week—Antioch	5/5-5/12	\$2365	
4. Vajra Panjar Review —Antioch	5/17-5/20	\$101-\$301	
5. Guru Purnima—Antioch	6/22-6/24	\$235	
6. Mahasamadhi Retreat—Antioch	8/9-8/12	\$151 suggested donation	
7. Rounding Out Your Japa Practice—Antioch	10/27	\$121	
8. Marma Points & Color Therapy—Antioch	11/3	\$108	
9. Spirituality & Psychology Workshop—Antioch	11/17	\$81	
Add applicable late registration fee		\$	
Subtract senior or children's discount			
Total Amount Enclosed			

Name: _____

Address: _____

City _____ ST _____ ZIP _____

Phone: _____ Email: _____



Dhyanyoga Centers, Inc.

PO Box 3194

Antioch, CA 94531

(925) 779-9660